

# NORTHERN RIVERS ZONE PSSA

# SWIMMING CARNIVAL

**VENUE:** Lismore Memorial Baths – Molesworth Street, LISMORE NSW 2480

**DATE:** Tuesday 1<sup>st</sup> March 2022

**START:** 9:00am Teams to arrive no later than 8:30am – Relays are the first events  
Warm up lanes available from 8:30am

**LEVY:** \$10:00 per student. To be paid to your school.

**POOL ENTRY COST:** Included in levy above which must be paid to your school, not at the pool venue.

**SPECTATORS:** **NO spectators or Parents/Carers are permitted to attend. Schools with Multi class students should discuss arrangements with Carnival Convenor for supervision and/or assistance.**

**CANTEEN:** A pool canteen will operate for refreshments and light snacks.

**CARNIVAL CONVENOR:** Jackie Nilon - Lismore Public School  
Tel: 6621 5366 Email: jacqueline.nilon@det.nsw.edu.au

**ENTRIES CLOSE:** **Friday 25 February 2022**  
Entries to be emailed to [allan.duroux@det.nsw.edu.au](mailto:allan.duroux@det.nsw.edu.au)

**AGES:** The age of a competitor is determined as the age they turn in 2022.

**JUNIORS:** 8,9 and 10 years  
**SENIORS:** 11,12 and 13 years  
**ALL AGE:** 8,9,10,11,12 and 13 years

**DISABILITY:** Intellectual, Physical and Sensory Disabled events are Junior and Senior 50m events in Freestyle, Backstroke, Breaststroke and Butterfly. Please add disability classification code. Events will be run as Multi-Disability events.

**RELAYS:** Junior and Senior Boys/Girls  
PP5 and PP6 Relay teams may be any composition of boys and girls.

**PP5:** All children must be enrolled at the same PP5 School, with a total enrolment not exceeding 54.

**PP6:** All children must be enrolled at the same PP6 School, with a total enrolment not exceeding 25.

**Please note:** A composite relay team may be entered from a district in the boys and/or girls relay section provided that the total enrolment of all schools in the district with students involved in the relay **DOES NOT** exceed 250 K-6 students. A student may only swim in one relay event. (A student cannot swim in a PP5 or PP6 event and another relay event).

## **ENTRY CONDITIONS:**

- \* Qualifying times – maximum of 4 nominations for individual events and 2 for relays per school/district.
- \* 1<sup>st</sup> place at District/School carnivals qualifies for zone participation regardless of qualifying time (at the discretion of the individual School/District), **ALL** other place getters / competitors **must** meet qualifying times set.

\* **Medleys:** One heat only (based on top 8 entry times) will be conducted in Individual Medley events. Convenor discretion may be used regarding accepting entries into this event. Times submitted must be able to be verified by a swimming coach (club nights) or on Swimming Australia database. All queries to Convenor Jackie Nilon

- \* Swimming Carnival will be conducted as **FINALS** only.
- \* Heat seeding will occur from District/School times submitted.

## **SUPERVISION:**

**Schools/Districts are to send two teachers – one as a team manager and the other an official. Students are to be supervised at all times. This includes the viewing area, canteen, warm up pool and toilet areas. The warm up pool is not for social play. Officials will contact schools of any students who misbehave to discuss possible collection from pool.**

## **ORDER OF EVENTS and QUALIFYING TIMES**

Relays	Junior boys, Junior girls, Senior boys, Senior girls, PP5 and PP6		
Open 100m Freestyle	All age	Boys 1.29.00	Girls 1.33.00
50m Freestyle	8 years	Boys 58.00	Girls 58.00
	9 years	Boys 54.00	Girls 54.00
	10 years	Boys 50.00	Girls 50.00
	11 years	Boys 47.00	Girls 47.00
	12 years	Boys 43.00	Girls 43.00
	13 years	Boys 58.00	Girls 58.00
Jun/Sen Freestyle	Boys Intellectual, Physical & Sensory Disabilities		
Jun/Sen Freestyle	Girls Intellectual, Physical & Sensory Disabilities		
50m Breaststroke	Junior	Boys 1.03.00	Girls 1.03.00
	11 years	Boys 1.02.00	Girls 1.02.00
	12/13 years	Boys 59.00	Girls 1.00.00
Jun/Sen Breaststroke	Boys Intellectual, Physical & Sensory Disabilities		
Jun/Sen Breaststroke	Girls Intellectual, Physical & Sensory Disabilities		
50m Backstroke	Junior	Boys 1.00.00	Girls 1.00.00
	11 years	Boys 58.00	Girls 58.00
	12/13 years	Boys 57.00	Girls 57.00
Jun/Sen Backstroke	Boys Intellectual, Physical & Sensory Disabilities		
Jun/Sen Backstroke	Girls Intellectual, Physical & Sensory Disabilities		
50m Butterfly	Junior	Boys 1.12.00	Girls 1.12.00
	11 years	Boys 1.05.00	Girls 1.05.00
	12/13 years	Boys 1.03.00	Girls 1.03.00
Jun/Sen Butterfly	Boys Intellectual, Physical & Sensory Disabilities		
Jun/Sen Butterfly	Girls Intellectual, Physical & Sensory Disabilities		
Open 4 x 50m Individual Medley	Boys 4.00.00	Girls 4.10.00	
Junior 4 x 50m Individual Medley	Boys 4.25.00	Girls 4.30.00	

\* Medleys: One heat only (based on top 8 entry times) will be conducted in Individual Medley events. Convenor discretion may be used regarding accepting entries into this event. Times submitted must be able to be verified by a swimming coach (club nights) or on Swimming Australia database. All queries to Convenor Jackie Nilon

### **PLEASE SUPPLY ALL TIMES IN MINUTES AND SECONDS** **TIMES MUST BE SUBMITTED ON ENTRY SHEETS PROVIDED**

#### **NORTH COAST REGIONAL PSSA SWIMMING CARNIVAL**

The North Coast Regional PSSA Swimming Carnival will be held at **Coffs Harbour** on **Wednesday 9<sup>th</sup> March, 2022**. Northern Rivers' swimmers must travel privately to this carnival as NO bus transport or billeting arrangements will be organised by the NR Zone PSSA. Every Northern Rivers Zone PSSA competitor will be required to pay a Team Levy which will include a team swimming cap.

### **PLEASE NOTE THE SHORT TURN AROUND BETWEEN THE NORTHERN RIVERS CARNIVAL AND THE NORTH COAST REGIONAL CARNIVAL**

Entry to North Coast Regional PSSA Swimming Championships:  
4 entries per zone in all individual events  
3 entries per zone in each relay event

**Please direct all enquiries to the Carnival Convenor.**

# NRPSSA ZONE CARNIVAL REPRESENTATIVE CONSENT FORM

**ATTENTION PARENTS:** This completed Consent Form and levy should be returned to your school.

SPORT:	<i>NRPSSA Swimming Championships</i>
DATE/S:	<i>Tuesday 1<sup>st</sup> March 2022</i>
VENUE:	<i>Lismore Memorial Baths – Molesworth Street, LISMORE, NSW 2480</i>
LEVY:	<b>\$10:00 per student to be paid to your school. (Includes Pool entry fee)</b>

**Student Details** (Please print clearly)

Student Full Name: \_\_\_\_\_

Parents/Caregiver Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

School: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Mobile) \_\_\_\_\_

**Medical Details**

Medicare Number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

The date/year of my child's last tetanus injection was: \_\_\_\_\_

My child is allergic to: \_\_\_\_\_

Please indicate if your child has:

- Asthma YES / NO
- Anaphylaxis YES / NO

***If you have indicated YES, a medical plan from a Doctor must be attached to this form. Relevant medication and/or equipment should accompany the student to the sports trials. The Team Manager should be advised of this at the beginning of the trials.***

Any medical details or special needs which the team manager might need to know:

\_\_\_\_\_  
\_\_\_\_\_

**Medical Insurance:** Parents please note there is no personal injury insurance cover provided by the NSW Department of Education and Training for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to access the level and extent of their child's involvement in the sport program offered by the school, school sport zone, area and state school sport associations when deciding whether additional insurance cover, above that provided by Medicare, is required. Personal accident insurance cover is available through normal retail insurance outlets.

The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body. Further information can be obtained from [www.sportinginjuries.com.au](http://www.sportinginjuries.com.au).

## **COVID**

If you or your child are displaying any symptoms of COVID or other illness, you are NOT to attend this event. It is recommended you seek medical advice and/or seek COVID testing.

## Travel Details

Schools / Districts are to organise buses to transport students to and from the event. There will not be the opportunity to drop off individual students at the main entry to the Pool. NOTE: Carnival starts at 9am sharp and will conclude at approx. 2:30pm. Please consider this information when booking buses with departure and arrival times.

## Privacy Notice

The personal information provided on this permission note, will be used by the Department of Education and Training for general administration and communication and other matters of welfare relating to your child at this event. The provision of this information is voluntary, but your child may not be able to participate if it is not provided. This information will be stored securely and may be amended at any time by contacting the team management. Please be aware that the media exposure at this event may result in your child's name, school details and/or photograph appearing in a Newspaper, on Television or on websites including the School Sport Unit website at

**<https://app.education.nsw.gov.au/sport/NorthCoast> or**  
**<https://northernrivers.primarysport.com.au/>**

If you have a concern with this occurring, please contact the team management or Regional Sport Organiser.

## Principal's Declaration

**Student name:** \_\_\_\_\_

- I certify that the student whose details appear on this form is enrolled at this school.
- I have verified that the date of birth as stated on this form is correct.
- He/she has the school authority to represent on this occasion.
- A copy of this consent form will be retained by my school.

SIGNED: \_\_\_\_\_  
(Principal) (Date)

NOTED BY: \_\_\_\_\_  
(Sports Organiser)

## Parental Consent

- I have read the information issued and I hereby consent to my child participating in this event.
- I understand that my child will be under the supervision of Team Manager/s and will not be allowed to visit friends or relatives without my written permission and that of the Team Managers.
- In the event of any accident or illness, I authorise the obtaining, on my behalf, an ambulance and any such medical assistance that my child may require. I accept full responsibility for all expenses incurred.
- To assist team management at the Championships and to the best of my knowledge, my child has no medical condition or injury that places them at risk in participating in this sport activity.
- I acknowledge that this event/activity is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures. I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating at this event. I confirm that my child will not attend if displaying any symptoms of illness, and/or if directed to isolate under public health orders.

SIGNED: \_\_\_\_\_  
(Parent/Guardian) (Date)

### ***School Office use only***

*Payment of the levy has been received from the student and processed by the school. The school will send all levies paid to the school for NRPSSA events to the Northern Rivers PSSA as required in term 3.*

Signed: \_\_\_\_\_ Name: \_\_\_\_\_ Date: \_\_\_\_\_

*Please certify with a school stamp:*

**Students are unable to participate without Principal approval and having paid the levy to their school.**